



# Jersey Shore Myofascial Release Center

## Our Retreat Packages

We are excited to let all of our clients know that we are committed to helping you reach your optimal health. We have expanded our services to offer the following intensive retreat programs.

<b>MFR Intensive Retreat (16 hours)</b>	<b>\$1,500 (Save \$200)</b>	<b>MFR Mini-Intensive Retreat (10 hours)</b>	<b>\$1,150.00 (Save \$125)</b>
<ul style="list-style-type: none"><li>• 8 Hours of Myofascial Release Therapy</li><li>• 3 Hours of Myofascial Release Co-treatments</li><li>• 3 Sessions of Somatic Emotional Coaching</li><li>• 1 Session of Reiki</li><li>• 1 Hour of Therapeutic Massage</li></ul>		<ul style="list-style-type: none"><li>• 4 Hours of Myofascial Release Therapy</li><li>• 4 Hours of Myofascial Release Co-treatments</li><li>• 1 Session of Somatic Emotional Coaching</li><li>• 1 Hour of Therapeutic Massage</li></ul>	
<b>MFR Daily Intensive Retreat (3 hours)</b>	<b>\$300 (Save \$50)</b>	<b>Multi-Session Package</b>	<b>\$500 (Save \$100)</b>
<ul style="list-style-type: none"><li>• 2 Hours of Myofascial Release Therapy</li><li>• 1 Hour of Myofascial Release Co-treatments</li></ul>		Buy 5 one hour sessions of either Myofascial Release Therapy or Somatic Emotional Coaching and get a sixth one free.	

We appreciate that you have entrusted your well being with us and we welcome your friends and family to our center.

**For Appointments: 732-223-9335**

**We now accept Visa/Mastercard and ATM Debit Cards**

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